



Gr8 Pasta Push Fast Facts

Second Helpings:

- Rescues more than 3.4 million pounds of food every year, preventing it from entering local landfills
- Turns that rescued food into more than 1 million nutritious meals for neighbors in need by providing them to more than 100 partner agencies across central Indiana
- Provides meals in seven central Indiana counties: Bartholomew, Boone, Hamilton, Hancock, Hendricks, Johnson, and Marion
- Has graduated over 1,000 students from our Culinary Job Training program

Pasta

- Second Helpings uses 1,500 pounds of pasta every week in preparing nutritious meals
- Our most critically needed items are elbow macaroni and spaghetti
- Pasta is not often donated through regular donation channels because its shelf life is so long that wholesalers and grocery stores don't need to move it along as quickly as perishable items like produce and protein

Hunger, Poverty, and Food Waste

- 1 in 10 Hoosiers is food insecure, and that number increases to nearly 1 in 4 people in Marion County, according to [Indy Hunger Network](#)
 - The [USDA](#) defines food insecurity as a lack of consistent access to enough food for an active, healthy life
- In the United States, more than one-third of all available food goes uneaten through loss or waste, according to the [FDA](#)